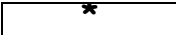


GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	SESSIONS	COACH
ADVANCED 1 (MINNOWS)		17:00 - 18:00 GLC	16:30 - 17:30 WCLC					2	GILLIAN
D SQUAD (DOLPHINS)	16:30 - 18:30 WCLC		17:30 - 19:00 WCLC	18:00 - 20:00 GLC				3	JANET GILLIAN
C SQUAD (YOUTH)	19:00 - 20:30 St Johns		18:30 - 20:30 WCLC	19:00 - 20:30 St Johns				3	CARLA JOANNE
B SQUAD (INT/JUN)		16:30 - 18:30 WCLC	18:30 - 20:30 WCLC	16:30 - 18:30 WCLC	18:00 - 19:30 GLC			4 + Saturday Morning	JOANNE
A SQUAD (SEN/INT)	16:30 - 18:30 WCLC	16:30 - 18:30 WCLC	16:30 - 18:30 WCLC	16:30 - 18:30 WCLC	18:00 - 19:30 GLC			5 + MORNINGS	CARLA
MASTERS	19:30 - 20:30 WCLC	19:30 - 21:00 St Johns	19:00 - 20:30 WCLC	19:00 - 20:00 GLC				4 + MORNINGS	FRANK
MORNINGS		06:00 - 08:00 WCLC	06:00 - 08:00 WCLC	06:00 - 08:00 WCLC		07:00 - 08:30 *WCLC		4 *	CARLA

 No Training

 * When Available

NEW 2008 Season timetable due to coaching staff changes, as of Monday 18th February 2008

